

NSS Report 2022-23

NSS ACTIVITY REPORT (JUNE 15 - MARCH 15)

JUNE 20

1. QUIZ COMPETITION

On this day we conducted a quiz competition on the topic of literature in Malayalam. The quiz was conducted in order to the reading week celebration. Most of the students in the college attended the quiz



JUNE 26

2. ANTI-DRUG PLEDGE

On this day, an anti-drug pledge was taken by all the NSS volunteers of our College in order to celebrate The International Day Against Drug Abuse. All NSS volunteers recorded their video saying pledge against drug abuse.

ലഹരി വിരുദ്ധ പ്രതിജ്ഞ

മദ്യം, മയക്കുമരുന്നുകൾ, പുകയില, പാൻമസോല തുടങ്ങിയ ലഹരി പദാർത്ഥങ്ങൾ വ്യക്തികളെയും, കുടുംബങ്ങളെയും ആരോഗ്യപരമായും, സാമ്പത്തികമായും, സാമൂഹികമായും, സാംസ്കാരികമായും നശിപ്പിക്കുന്ന സാമൂഹ്യ വിപത്താണ് എന്ന് ഞാൻ മനസ്സിലാക്കുന്നു. ആയതിനാൽ ഏതെങ്കിലും ലഹരി പദാർത്ഥങ്ങൾ ഉപയോഗിക്കുകയോ അത് ഉപയോഗിക്കുവാൻ മറ്റുള്ളവരെ പ്രേരിപ്പിക്കുകയോ ചെയ്യുകയല്ലെന്നും ലഹരി വിരുദ്ധ പ്രവർത്തനങ്ങളിൽ പങ്കെടുത്ത് എന്റെതായ കടമ നിറവേറ്റുമെന്നും, ലഹരി വിരുദ്ധ സമൂഹത്തിനായി പ്രയത്നിക്കുമെന്നും ഞാൻ പ്രതിജ്ഞ ചെയ്യുന്നു.



Program Officers: Dr. Saritha S R, Mr. Abhishek T
Principal: Dr. Kumar SP
Volunteer Secretaries: VA Randeer, Anritha M.

JUNE 28

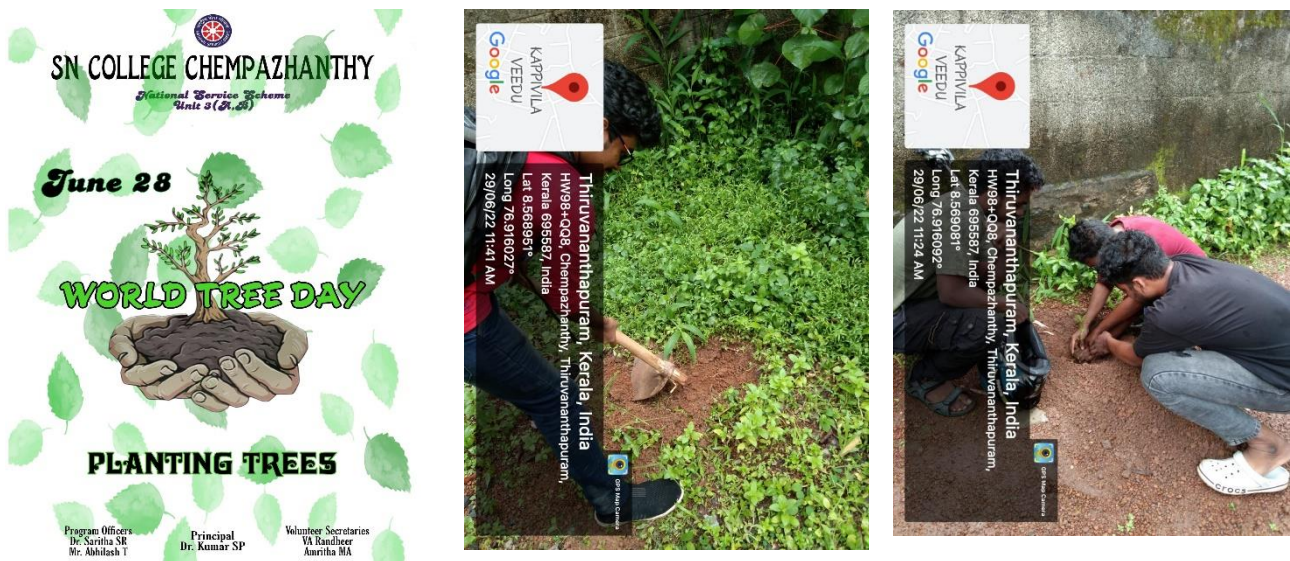
3. SAPLINGS DISTRIBUTION

On this day, the NSS volunteers of our college distribute saplings to the people in the adopted village.



4. PLANTING TREES

On the same day, our volunteers plant trees throughout the adopted village with the permission of the land owners.



JULY 20

On this day, we conducted an online chess tournament in our college based on international chess day. The tournament was named as 'Check-Mate'. Many students participated in the tournament and first year NSS volunteer Nandakishore CS won the tournament.



NSS Chess tournament

	A_bhishek	nanda_kishore_34	Chinmay_Robi...
Points	3	4	3
Tie Break	5.5	7.5	5
Performance	1785	2062	1777

	1-10 / 11				
1	nanda_kishore_34_20497	1	1	1	4 7.5
2	A_bhishek_18007	1	1	0	1 3 5.5
3	Chinmay_Robin-21_19677	1	1	1	0 3 5
4	Ar_thy_15377	½	1	0	1 2.5 2.5

JULY 22

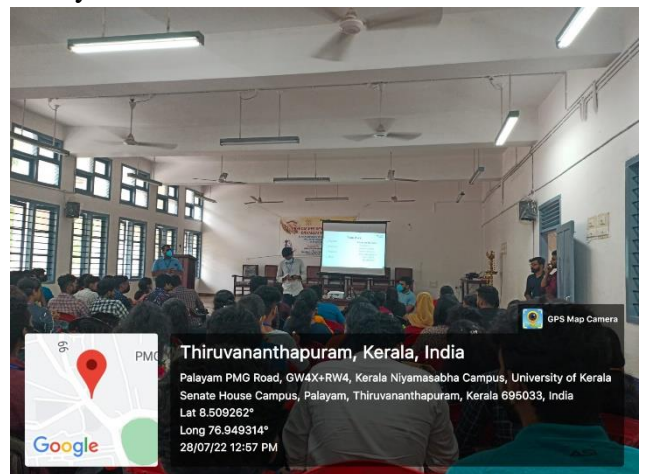
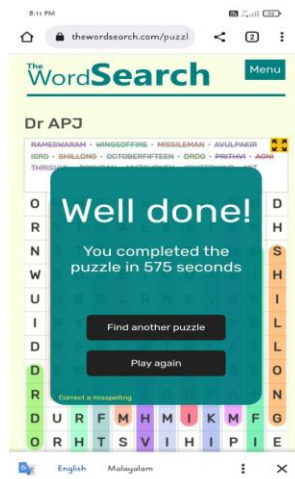
On this day, Volunteers of our NSS unit participated in the program 'NAMASTE WORLD ;First ever torch relay for Chess Olympiad .The program was conducted at Jimmy George Indoor stadium at Palayam.



JULY 27

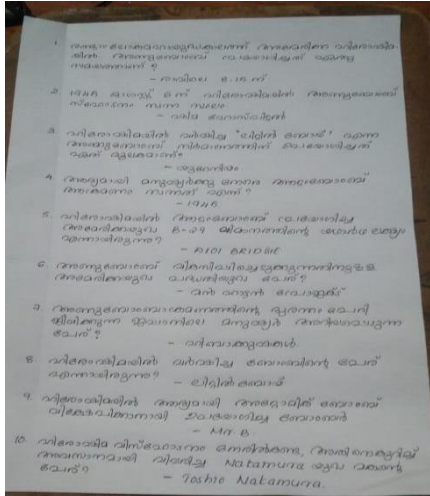
On this day, we conducted an online word find puzzle competition based on the life, career and achievements of Dr. APJ Abdul Kalam as a remembering of APJ Abdul Kalam on his Death Anniversary. the competition was named as IGNITE: 'Unknot the missile'.

On the same day our first year NSS Volunteer Aparna CS participated in a three days paliative care camp from July 27 to July 29 at PMG Kerala University Student Centre



AUGUST 6

On this day we conducted a program of question making to increase the knowledge about atom bomb explosion in Hiroshima and Nagasaki in order to Hiroshima Day. The program was named as 'Seek The Bomb'. Many students participated in the program and it helped most of them to gain knowledge about APJ Abdul Kalam



AUGUST 7

On this day, our second year NSS Volunteer Amritha MA participated in the blood donation camp conducted by 'Jeevakiranam' at KCYS Thirupuram unit



AUGUST 15

In order to the celebration of 75th independence day of India, Our NSS unit conducted a seminar based on the thoughts about Indian independence. The seminar was taken by Prof.(Dr.)K.K Sivadas (Editor in charge, Malayalam lexicon, University of Kerala). The Seminar was inaugurated by Principal of SN college, Chempazhanchy, Dr.Raakhee AS

On the same day we conducted an Anti-Narcotic Signature Campaign in association with IQAC and Vimukthi. The main objective of signature campaign is to aware the students about the defects of drug usage and demote them from using drugs

SN COLLEGE CHEMPAZHANTHY
National Service Scheme
Unit 3(A,B)

75 Azadi Ka Amrit Mahotsav

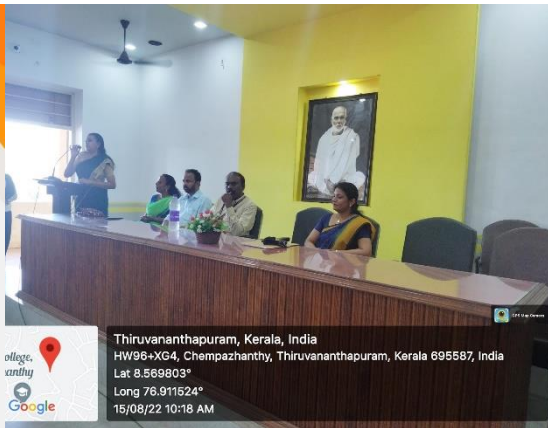
INDEPENDENCE DAY SEMINAR

Inauguration : Dr. Raakhee AS
(Principal, SN College Chempazhanthy)

Chief Guest : Prof. (Dr.) K. K. Sivasdas
(Editor in charge, Malayalam Lexicon, University of Kerala)

15-08-2022
11.00 AM
Venue : Seminar Hall

Program Officers: Dr. Saritha SR, Mr. Abhilash T
Principal: Dr. Raakhee AS
Vikramitee Sridharadas, Ms. Anushya MA, MVA Ronocher



SN COLLEGE CHEMPAZHANTHY
National Service Scheme
Unit 3(A,B)
Vimukthi & IQAC

15TH INDEPENDENCE DAY

Anti - Narcotic Signature Campaign

Say No to Drugs by Signature Campaign

Principal: Dr. Raakhee AS
NSS Programme Officers: Dr. Saritha SR, Mr. Abhilash T
Vimukthi Co-ordinator: Smt. Ashwarya AS
IQAC Co-ordinator: Dr. Uthara Soman



AUGUST 27-March for India Participation

On this day our first year volunteers Participated in a program named March for Science

MARCH FOR SCIENCE
27 Aug 2022 10 A.M

Uphold Science and Scientific Temper

MARCH FOR SCIENCE - TRIVANDRUM

Inauguration at: Sathyan Memorial Hall, Opp. Museum, Trivandrum.

Prof. C. P. Aravindakshan
President, MPT Organizing Committee, Trivandrum

Talks:
'Climate change and Kerala'
Prof. A. Bijukumar
Professor of Biotechnology and Robotics, IIT Madras

'Science as a thought'
Dr. Vaisakhan Thampal D S
Professor of Physics, IIT Madras

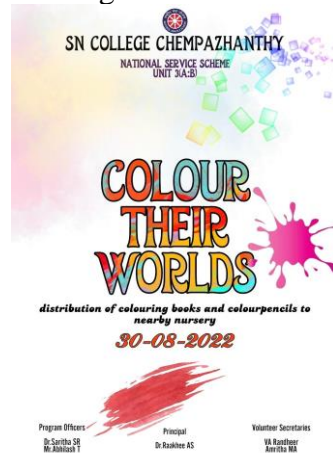
Let's March... Register: QR code

INDIA MARCH FOR SCIENCE - Trivandrum Organizing Committee



AUGUST 30- Colour their worlds

On this day we conducted a program of collecting and distribution of colouring books, color pencils and crayons to a nursery near the college



SEPTEMBER 3 - Palliative training participation

On this day our first year nss volunteers participated in a district level one day palliative care training programme at university college thiruvananthapuram



SEPTEMBER 15 - ' INDIA in HT ' Poster exhibition

On this day our nss unit conducted a poster exhibition in the college named India in HT (India through the pages of Hindustan Times). Through this exhibition we exhibited paper cuttings from Hindustan Times newspaper about greatest achievements of India in past years.



SEPTEMBER 17- Beach Cleanup drive

On this day our nss volunteers Participated in a beach cleaning activity conducted by an organisation named 'Thanal' in order to create awareness about the importance of beach areas



SEPTEMBER 24- NSS DAY

In order to celebrate NSS day our volunteers conducted 3 programs named Diya, Deeptam and Nirmalabhoomika

DIYA

To celebrate the 54th Anniversary of National Service Scheme, Our nss volunteers lighted lamps in the college to symbolise the successful journey of National service scheme throughout these years



DEEPTHAM: On the same day we conducted an experience sharing programme with the intention of sharing the beautiful moments in the nss life. Many volunteers opened up their experience .



On the same day we organised together to clean up the organic farm that we created in an area near college ground. All the NSS volunteers Participated on this programme.



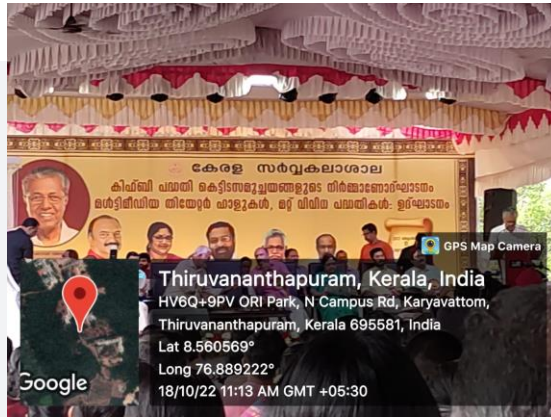
OCTOBER 2- AAJ KA BAAPU

In order to celebrate Gandhi Jayanti our NSS unit conducted a programme named 'Aaj ka baapu'. The intention of the programme was to speak about the relevance of Gandhian thoughts in modern times.



OCTOBER 4- ANTI DRUG ABUSE CAMPAIGN FLASHMOB

On this day we played a flashmob in an anti druge abuse campaign at shangumukham beach giving the message of not using drugs for a good tomorrow



OCTOBER 30

On this day, the selected list for pre Rd camp came . Our NSS Volunteer Agrima Syam got selected for the Pre RD Camp

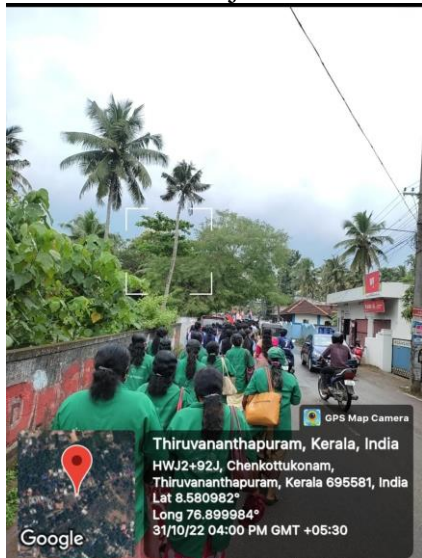
OCTOBER 31 -NATIONAL UNITY DAY

UNITY RALLY

On this day our nss volunteers Participated in a rally from palayam rakthasakshi mandapam to Central stadium Thiruvananthapuram in order to memorize the efforts taken by sardar vallabhai Patel to unite India as a nation

ANTI DRUG RALLY

on the same day we conducted an anti-drug rally from Chempazhanthy Gurukulam to chenkottukonam junction with the motive of anti narcotic nation



NOVEMBER 1 -KERALA PIRAVI DINAM

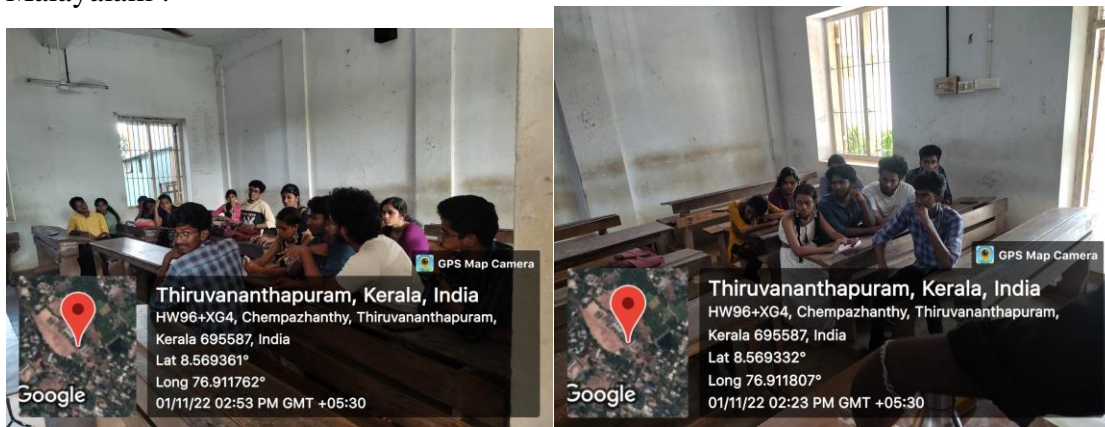
KADHAKALI DRAWING

On this day oru NSS Volunteers drew kadhakali art form in the front of college office in order to celebrate Kerala piravi. It was intended to give the people of Kerala to grow as a state along with the Kerala cultures.



DEBATE COMPETITION

On the same day we conducted a debate based on the topic , "Pettammayo ,Pottammayo".The debate was about the influence of other languages among the people of Kerala more than Malayalam .



NOVEMBER 5 - FLASHMOB AT MOT

On this day we conducted a flash mob on Mall of Travancore at a curtain raiser of a program named big carnival conducted by big fm and big friends group for upholding differently abled people.



NOVEMBER 13 - BIG CARNIVAL

On this day our NSS Volunteers actively participated the volunteering of The programme Named' BIG CARNIVAL conducted by Big FM and Big friends group. It was an arts and sports fest conducted for differently abled and handicapped children and adults



NOVEMBER 17 - FOOD AND NUTRITION SEMINAR

A Seminar was conducted by our nss unit on 17 th November in order to create awareness about food nutrition and health diets among students of sn college Chempazhanthy. The seminar was taken by famous dietitian Lekshmi Manish .



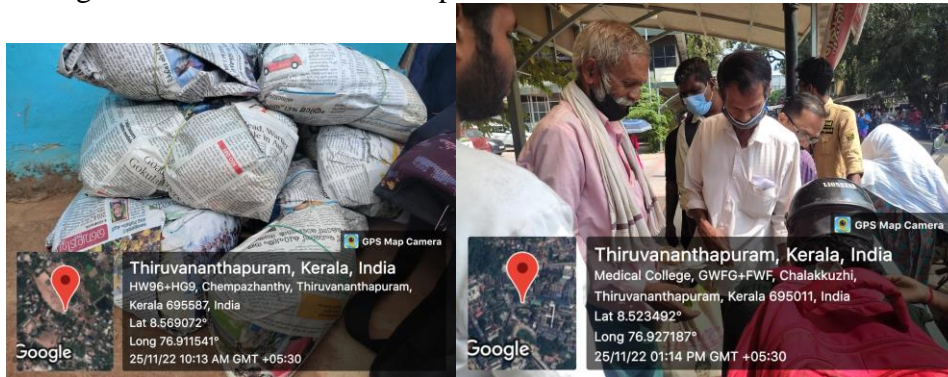
ചെമ്പഴന്തി എസ്എൻ കോളേജിയിൽ സംഘടിപ്പിച്ച ഏകദിന പഠന ശില്പ ഓരോരുത്തർക്കും വേണ്ടി നടന്നു.

ചെമ്പഴന്തി എസ്എൻ കോളേജിൽ ഏകദിന ഭക്ഷ്യ ശില്പശാല

തിരുവനന്തപുരം നഗരം ആരോഗ്യകരമായ ഭക്ഷണശില്പം നടത്തി നീക്കം ചെയ്യാൻ അതിന്റെ പാലായനം (പ്രായശ്ചിത്തം) നൽകിയിരിക്കുന്നു. കോളേജിന്റെ ഭാഗമായി നടന്നുവന്ന ഭക്ഷണശില്പത്തിൽ പങ്കെടുത്തവർക്ക് ഭക്ഷണശില്പത്തിൽ പങ്കെടുക്കാനും ഭക്ഷണശില്പത്തിൽ പങ്കെടുക്കാനും അവർക്ക് അവസരം നൽകിയിരിക്കുന്നു. ഭക്ഷണശില്പത്തിൽ പങ്കെടുക്കാനും ഭക്ഷണശില്പത്തിൽ പങ്കെടുക്കാനും അവർക്ക് അവസരം നൽകിയിരിക്കുന്നു. ഭക്ഷണശില്പത്തിൽ പങ്കെടുക്കാനും ഭക്ഷണശില്പത്തിൽ പങ്കെടുക്കാനും അവർക്ക് അവസരം നൽകിയിരിക്കുന്നു.

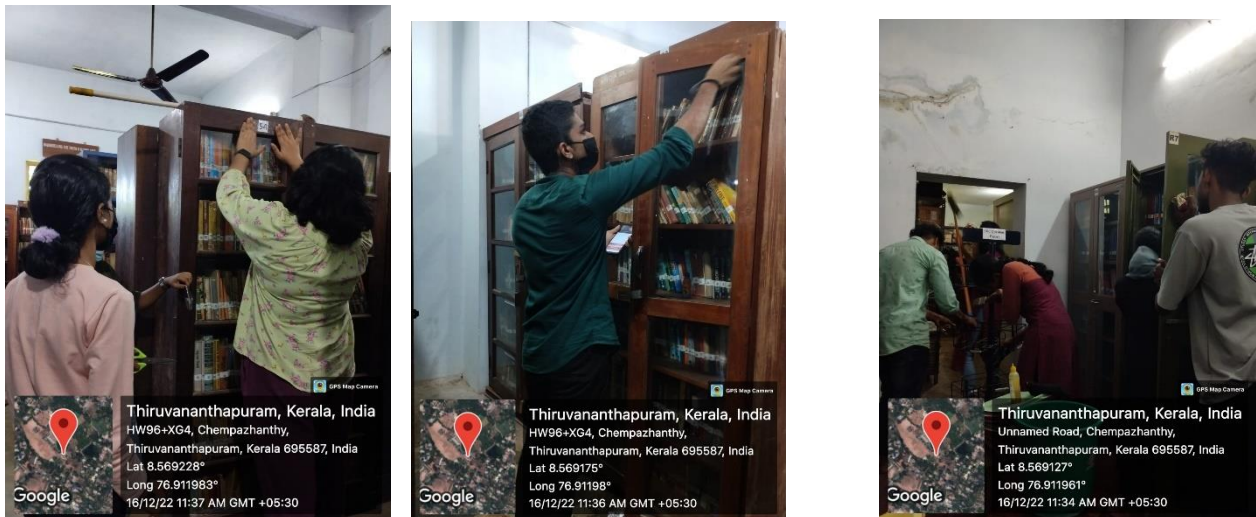
NOVEMBER 25- PADHEYAM

On this day we collected and distributed homemade meals to patients and bystanders in medical College and RCC Thiruvananthapuram



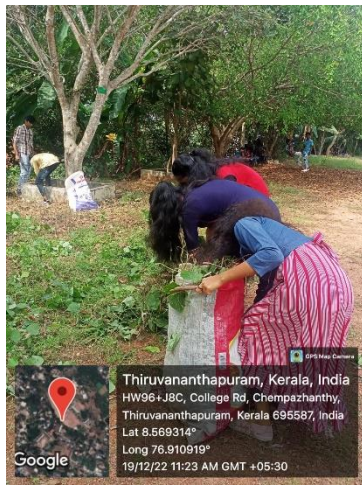
DECEMBER 16 - COLLEGE LIBRARY CLEANING

On this day our NSS units cleaned the college library .about 40 volunteers participated in the cleaning programme .Our NSS unit got appreciated from librarian and principal for the duty



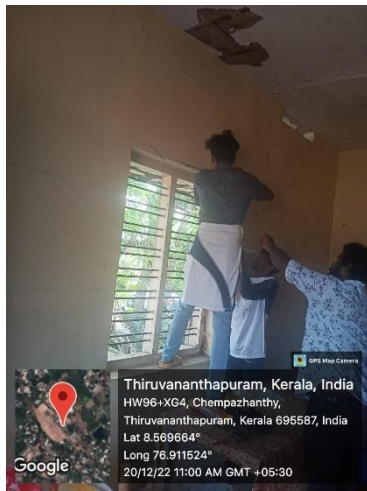
DECEMBER 19 - COLLEGE CLEANING

On this day we cleaned the whole college and surroundings first year and 2nd year volunteers coordinately worked for the cleaning and got appreciated by the College management



DECEMBER 20 - NSS ROOM RENOVATION

On this day we renovated the NSS room .we filled the holes in the walls and painted the nss room and cleaned the room to make it beautiful



DECEMBER 21 - CHRISTMAS STAR MAKING

On this day our nss unit built a Christmas star to wish everyone a beautiful christmas which reminds everyone the importance of unity and love



DECEMBER 21 - PROGRAMME - PALM STAMP TREE

On this day we painted a palm signature tree as a protest to drug and substance abuses .the motive of the PALM STAMP TREE is to create an awareness about the usage of drugs and substances



DECEMBER 30 - NATIONAL SEMINAR

On this day our NSS unit conducted a National Seminar named 'ROLE OF YOUTH IN INDIAN DEMOCRACY ' in coordination with politics department of SN College Chempazhanty. The seminar was inaugurated by Dr.MA La (Chief news anchor Kairali Tv and SLQAC Kerala member secretary) .The keynote was addressed by Dr. Lars-Erik Oisson (Assistant professor of Stockholm University, Sweden)



JANUARY 02 - 08 - NSS SEVEN DAY CAMP

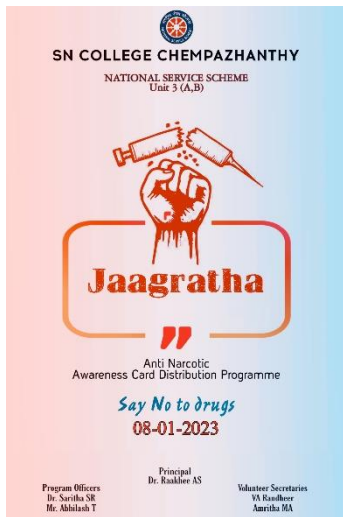
Our NSS 7 day camp was conducted from 2nd January to 8th January .100 volunteers participated in the camp.all volunteers learned many new survival patterns and many informative contents .Many classes were conducted each day and activities are given for improvement of their personality and leadership qualities





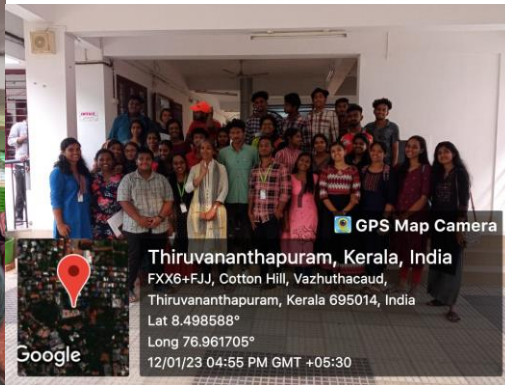
JANUARY 08 - PROGRAMME - JAAGRATHA

On this day we conducted a Card distribution programme named jaagratha in order to create awareness about anti narcotic activities against drug and substance abuse



JANUARY 12 - SCHOOL CLEANING PROGRAM

On this day we cleaned a school of disabled children with the coordination with nila foundation. Our volunteers served them with our mindfully services and spend time with them



JANUARY 23 - BLOOD DONATION CAMPAIGN

On this day we conducted a blood donation campaign in coordination with Jeevakiranam which is an NGO that works on providing blood for the needed through their contacts. Our nss unit got certificate



Sree Narayana College Chempazhanthy
National service scheme
Unit 8 (Staff)

Blood Donation Campaign
on
palliative care awareness

January 23, 2023

Program Officers
Dr.Saritha SR
Mr.Amirth M A

Principal
Dr.Ranjith AS

Volunteer Secretaries
Mr.VA Ranthoor
Mr.Amirth MA



ANDHINI
in order to celebrate

S N COLLEGE CHEMPAZHANTHY
NSS unit 3 (A:B)

January 24
NATIONAL GIRL CHILD DAY

special program:
നാടിനി

National Girl Child Day Reminds Us That It Is Our Responsibility To Give Our Girls the Importance They Deserve and Work Together for Their Happier Lives.

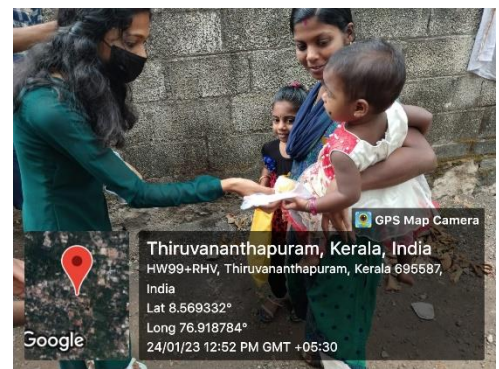
Dr Saritha S R
NSS programme officer

Dr Ranjith A S
Principal

Mr Abhilash T
NSS programme officer

V A Ranthoor
NSS volunteer secretary

Amirth M A
NSS volunteer secretary



JANUARY 26 - REPUBLIC DAY PROGRAMME - PUNARJJANI

On Republic Day we conducted a program named PUNARJJANI. The aim of this program was to collect plastic and glass bottles and create awareness about plastic pollution. Our volunteers collected kilos of plastic bottles.

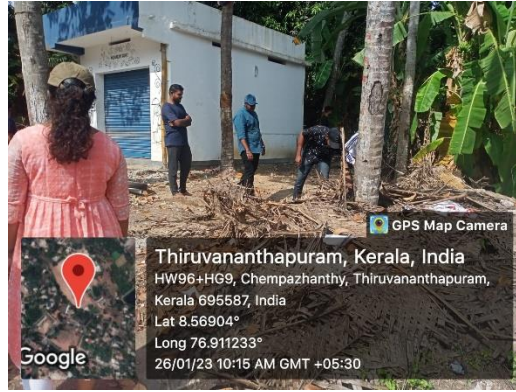
S N COLLEGE CHEMPAZHANTHY
 NSS unit 3 (A:B)
 January 26 2023
 Republic day program

പുനർജനി
 scrap collection

Dr Saritha S R
 NSS programme officer
 V A Randheer
 NSS volunteer secretary

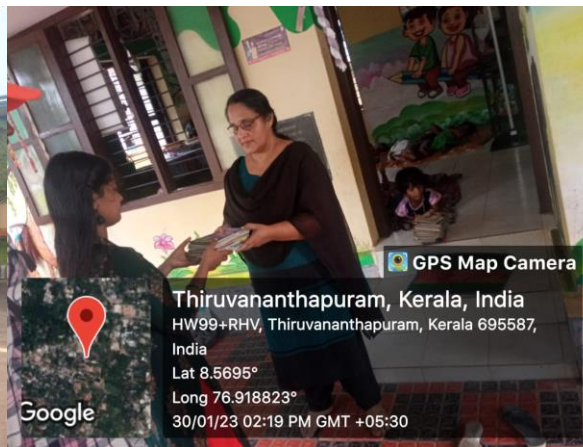
Dr Raahhee A S
 Principal

Mr Abhilash T
 NSS programme officer
 Amritha M A
 NSS volunteer secretary



JANUARY 30 - MARTYR'S DAY PROGRAMME - KALIKKUDUKKA

On this day we collected and distributed stories and coloring book for a nearby nursery .we named the program KALIKKUDUKKA.



S N COLLEGE CHEMPAZHANTHY
 NSS unit 3 (A:B)

Martyr's Day
 30 January
 special program

കളിക്കുടുക
 (comic book for nursery students)

Dr Saritha S R
 NSS programme officer
 V A Randheer
 NSS volunteer secretary

Dr Raahhee A S
 Principal

Mr Abhilash T
 NSS programme officer
 Amritha M A
 NSS volunteer secretary

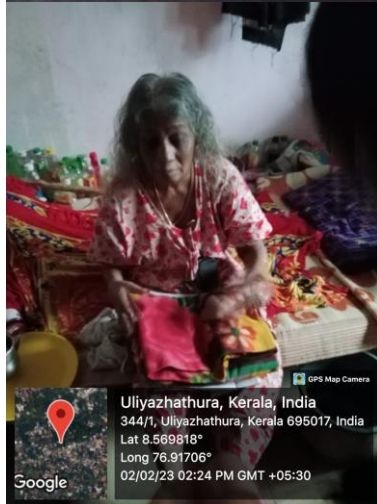
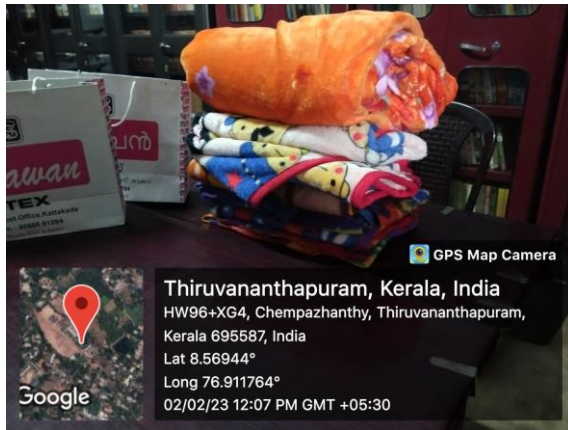
FEBRUARY 01 - WHEEL CHAIR DONATION

On this day we donated a wheel chair for a person in the adopted village who lost his walking ability due to stroke .this program was conducted as a part of paliative care activities



FEBRUARY 02 - CLOTH DISTRIBUTION PROGRAM

On this day we collected and distributed non used clothes for the aged people in the adopted village . This program was conducted as a part of paliative care activities.about 20 paliative patients were gifted new clothes



FEBRUARY 14 - VALINTINES DAY PROGRAMME - UNAKKUL NAANE

On valintines day our NSS units conducted a program named UNAKKUL NAANE in order to provide message of love irrespective of gender .We created a board to quote love messages for the entire college .the program was a great success



FEBRUARY 14 - VALINTINES DAY PROGRAMME - ISHQ WALA LOVE

On the same day we conducted another program named Ishq wala Love to encourage self love .we created a box placed with mirror .with a comment of 'the most beautiful person in the world' .

S N COLLEGE CHEMPAZHANTHY
NSS unit 3 (A:B)

Valentine's day special programs

- 1) **Ishq Wala Love**
- 2) **Ummakul naane!**

"Everything is clearer when you're in love"

-John Lennon

Dr Saritha S R
NSS programme officer

Mr Abhilash T
NSS programme officer

Amritha M A
NSS volunteer secretary

V A Randheer
NSS volunteer secretary



FEBRUARY 24 - INTER COLLEGE EXHIBITION - MATHRUBHUMI @100

On this day we conducted a inter Collegiate Exhibition memorising 100 th anniversary of famous Malayalam news press 'Mathrubhumi '

SN COLLEGE CHEMPAZHANTHY
NATIONAL SERVICE SCHEME
Unit 3 (A, B)

മാതൃഭൂമി @ 100

Inter Collegiate Exhibition

The exhibition is designed and conceived by
Prof Vasudeh M C
Associate Professor
Department of History
Mabulal Christian College Calicut.

Program Officers
Dr.Saritha SR
Mr.Abhilash T

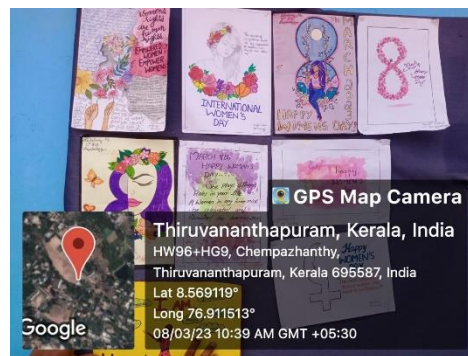
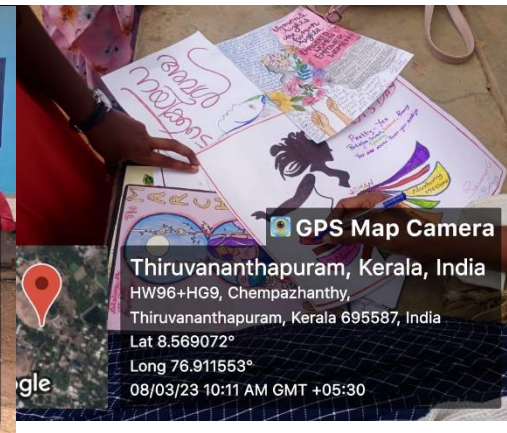
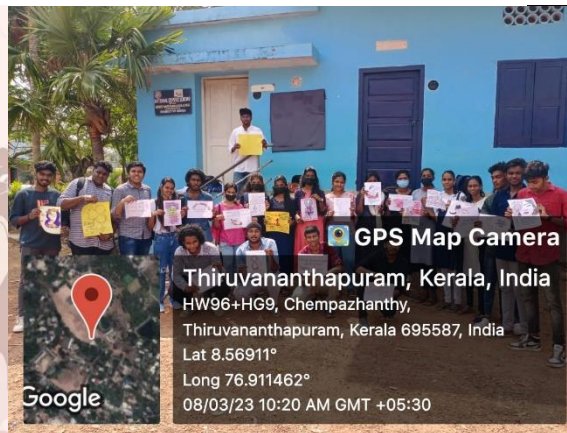
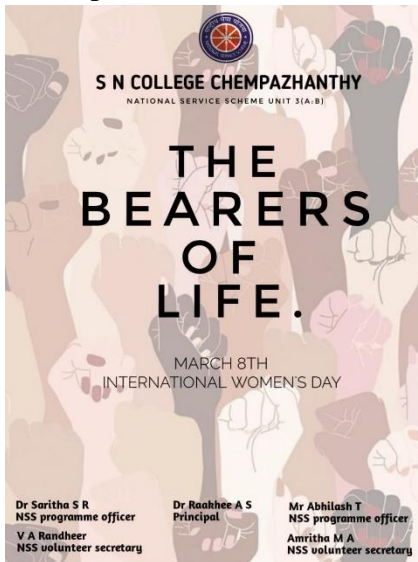
Principal
Dr.Raakhee AS

Volunteer Secretaries
Ms.Amritha MA
Mr.VA Randheer

MARCH 08 - WOMENS DAY POSTER MAKING PROGRAMME - THE BEARERS OF LIFE

On this day we conducted a poster making program. The program was named as 'THE BEARERS OF LIFE'. Volunteers of our NSS unit prepared women's day posters and exhibit it in the notice

board of NSS room. Many volunteers held the posters together for the message of women empowerment



MARCH 08 - NIRBHAYA APP AWARENESS PROGRAM

On this day we conducted an awareness program of the application named NIRBHAYA provided by Kerala police for the protection of women. We introduced the app to people in the surrounding villages of the college



MARCH 08 - WOMEN'S DAY SURVEY

On this day our nss unit conducted a survey among the women in the adopted village based on the topic of difficulties faced by women as a woman

